

# Allcare Rehabilitation

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www.Allcare-Rehab.com Since 1990 Dan Manfre, PT President

*We Care, We Listen & We Get Results*

## Physical Therapy Following Joint Replacement Surgery



A joint replacement is a surgical procedure that replaces a person's own joint with a prosthesis, or artificial joint. It is performed by an orthopedic surgeon. Joint replacements are often necessary in injured or arthritic joints. Joint replacements relieve pain in damaged or arthritic joints. They also increase the range of motion available in arthritic joints.

### Programs Available

#### At Allcare

Aquatic Therapy  
Sprains & Strains  
Bone & Joint Injuries  
Auto Injuries  
Balance Disorders  
Hand Therapy  
Neurological Conditions  
Work Related Injuries  
Wound Care  
Sports Related Injuries  
Post Operative Therapy  
Fall Prevention  
Spinal Injuries

Physical therapy will play an important role in recovering from a joint replacement. Strengthening, range of motion and stretching are important initial treatments. After joint replacement surgery, it is essential to pursue a physical therapy regimen to recover and rehabilitate the full range of motion of the joint. Our physical therapists create a custom tailored program of rehabilitation for each patient.

When you come in for physical therapy after joint replacement, our physical therapists will assess your pain, posture, range of motion, balance, gait, strength and endurance. He or she will then initiate a treatment plan, setting goals for you to get back to your normal activities, as well as estimating your prescribed number of visits. Our ultimate goal is to get you back to your full range of motion, as well as restore your strength and endurance.

*“We believe that people don’t care how much we know, until they know how much we care.”*

“I was sent to physical therapy at Allcare after I had a total knee replacement. Before I came to therapy it was really hard for me to bend my knee. My range of motion was limited and my strength was gone. Now that my therapy is over I feel like a new person. I am now able to do all of my daily activities. At times I was not sure if I could do it, but everyone at Allcare helped me through it. They supported me every step. My results of physical therapy at Allcare was well worth all the time and effort. Thank you!”

R.L. – Patient quoted on her physical therapy results at Allcare.



HEALING IN MOTION



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