



ALLCARE REHABILITATION

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www.Allcare-Rehab.com Dan Manfre, PT President

We Care, We Listen, We Get Results

"I was sent to physical therapy to improve my walking, balance and muscle weakness. Before physical therapy, I tired easily. I learned a lot of exercises at Allcare that helped me strengthen my muscles. After six therapy appointments I am much stronger. I can now walk farther without tiring out. I enjoyed my time here at Allcare."

J.S. – Patient quoted on their physical therapy results at Allcare.



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Fall Prevention

Patients are often referred to physical therapy for primary symptoms of balance disorders and movement-related dizziness. In addition, many of these patients have developed secondary symptoms associated with reduced activity levels. Secondary symptoms include decreased strength, loss of range of motion, increased tension (particularly in the neck and shoulder regions) leading to muscle fatigue and headaches. Therapy helps alleviate these symptoms. The symptoms result from dysfunction within the vestibular system that reduces the patient's ability to move about his or her environment without imbalance and vertigo (dizziness). Even moderate dizziness can result in a significant disabling condition that can diminish quality of life, reduce employability, and potentially affect all aspects of one's life. Vestibular desensitization or rehabilitation is an alternative form of treatment designed to decrease dizziness, increase balance function, and safely increase general activity levels. The program is designed, by our physical therapists, to promote central nervous system compensation for the inner ear deficits and restore independence with activities of daily living.

"People don't care how much we know, until they know how much we care."

*Aquatic Therapy
Sprains & Strains
Bone & Joint Injuries
Auto Injuries
Balance Disorders*

*Hand Therapy
Neurological Conditions
Work Related Injuries
Wound Care*

*Sports Related Injuries
Fall Prevention
Vertigo
Spinal Injuries
Post Operative Therapy*