



HEALING IN MOTION

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*“I was sent to physical therapy to treat a MCL strain. I’m a pitcher for my high school baseball team and I was having pain in my left elbow so my doctor recommended therapy. Now after therapy my pain is gone. My physical therapist was very helpful and taught me a lot of exercises to help me to continue to stay in good shape. I was very satisfied with treatment at Allcare.”*

B.J. – Patient quoted on their physical therapy results at Allcare.

**We Care, We Listen, We Get Results**

### ***Sports Related Injuries***

At Allcare, we understand how important it is for injured athletes to return to competition as soon as safely possible. Since 1990, we have had the opportunity to work closely with injured youth, high school, collegiate and professional athletes and their physicians to restore their abilities following sports related injuries. This assures that each patient receives the most comprehensive physical therapy care. We customize treatment programs for injured athletes following complicated surgical repairs as well as the common sprains and strains. Our state of the art facility, highly trained staff and caring commitment allows us to achieve the desired outcome of returning each athlete to competition as soon as possible.

### **Programs Available at Allcare**

- Aquatic Therapy
- Sprains & Strains
- Bone & Joint Injuries
- Auto Injuries
- Balance Disorders
- Hand Therapy
- Neurological Conditions
- Vertigo
- Work Related Injuries
- Sports Related Injuries
- Post Operative Therapy
- Fall Prevention
- Spinal Injuries
- Functional Capacity Evaluations
- Fit For Duty Testing
- Post Offer Employment Testing
- Job Site Analysis